

Game Rules:

- 2021 NCAA Rules Apply
- Exceptions:
 - There are NO Shot clocks of any kind ever.
 - Dives are NOT allowed
 - NO stick checks by refs unless requested by coach and any heads can be used still.
 - Teams must clear midline in 20 seconds but there are NO shot clocks or touch it in requirements.
 - No clearing counts or shot clocks ever for 2029
 - Winning Team must 'Keep it in the Box' only in final 2 minutes of game if winning by 2 goals
 or less. 3 or more they do NOT have to keep it in. Officials should count down from 10 prior
 to the tow minute warning.
 - FACE-OFFS: A standing neutral grip is required (no knee down)

Game Timing and Management:

- Four 11-minute guarters, 2 minutes between each guarter and half.
- One 30 second time-out per half (no timeouts in OT). A timeout is only allowed on a dead ball play, or where the ball carrier is past the restraining box in the offensive side of the field.
- For games that end in a tie after regulation, there will be a 2-minute break between the start of OT followed by 4-minute sudden death overtime. If there is no scoring at the end of OT, the game will end as a tie. On Sunday during championship bracket play games must be completed with one team winning (untimed overtime period).
- All penalties are running time starting on official whistle. The Field Manager at the table and official will BOTH keep running game clock and penalty clocks. If a dispute, go by table clock.

Playoff Tie-Breaker criteria:

- 1. Overall record
- 2. Head-to-Head (only if all tied teams have played each other)
- 3. Head-to Head Goal Differential (only if all tied teams have played each other)
- 4. Lowest Goals Allowed
- 5. Highest Goals Scored

Note: Each Grade has unique playoff selection process so defer to Tourney Machine.

Other Information:

- Teams must submit their roster for the waiver process
- Please be aware that balls can and will fly from fields (shots or passes) and cause serious bodily harm. Do not sit directly behind goals or within reach of errant shots that could travel up to 100 yards from a goal.
- Any incident of poor sportsmanship will result in ejection from the tournament.